HEALTHSOUTH PLANO REHABILITATION HOSPITAL TO HOST NEUROREHABILITATION CONFERENCE

PLANO, Texas – HealthSouth Plano Rehabilitation Hospital will hold its first Neurorehabilitation Conference Saturday, April 18 at SouthFork Ranch. Designed to educate the healthcare community on current therapy and management of patients after a stroke, this conference will feature four courses on The Aging Brain, Botox for the Management of Stroke-Related Spasticity, Overview of Stroke and Stroke Outcomes, and Parkinson’s disease.

Speakers include Richard Senelick, M.D., medical director of HealthSouth Rehabilitation Institute of San Antonio; Omar Colón-Gutierrez, M.D., medical director of HealthSouth Plano; and Michael Kellam, M.D., chief of neurology of Baylor Regional Medical Center at Plano.

Stroke is the leading cause of disability in the United States, but recent surveys have found that less than 40 percent of Americans know the most common warning signs of stroke.

The warning signs of stroke include sudden:
- Numbness or weakness of the face, arm or leg, especially on one side of the body;
- Confusion, trouble speaking or understanding;
- Trouble seeing in one or both eyes;
- Trouble walking, dizziness, loss of balance or coordination; or
- Severe headache with no known cause.

“Life after stroke is filled with challenges,” said Omar Colón- Guitierrez, M.D., medical director at HealthSouth Plano Rehabilitation Hospital. “Our goal is to share with the treatment team how they can assist in obtaining optimal rehabilitation outcomes for patients through the clinical use of speech, physical, and occupational therapy, as well as pain and stroke-related spasticity management”

According to the American Stroke Association, 60 - 80 percent of stroke survivors could benefit from an intense stroke rehabilitation program. Rehabilitation can help survivors make the improvements that mean the difference between returning home or staying in an institution.

“It is essential for the public to realize how important immediate treatment and rehabilitation are to the stroke recovery process,” said Richard Senelick, M.D., medical director of HealthSouth Rehabilitation Institute of San Antonio. “Rehabilitation restores function, teaches people with disabilities new ways to perform daily activities and provides education and support for the stroke survivor and family.”
About HealthSouth Plano Rehabilitation Hospital
HealthSouth Plano Rehabilitation Hospital is a 65-bed inpatient rehabilitation hospital that offers comprehensive inpatient and outpatient rehabilitation and home health services. Serving patients throughout Plano, the hospital is located at 2800 West 15th Street and on the Web at www.healthsouthplano.com.

About HealthSouth
HealthSouth is one of the nation’s largest providers of post-acute healthcare services, offering both facility-based and home-based post-acute services in 33 states and Puerto Rico through its network of inpatient rehabilitation hospitals, home health agencies, and hospice agencies. HealthSouth can be found on the Web at www.healthsouth.com.

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